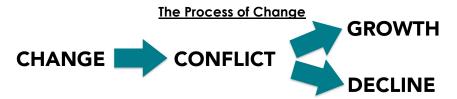
CHANGE

Part 3: When It Hurts

We too easily give up on things that <u>are not easy</u>.



Today's SCENE

Speed Slow is Bad

<u>Convenience</u> <u>Difficult</u> is Bad

<u>Entertainment</u> <u>Boring</u> is Bad

<u>Nurture</u> <u>Risk</u> is Bad

<u>Entitlement</u> <u>Work</u> is Bad

Galatians 6

⁷ Do not be deceived: God cannot be mocked. A man reaps what he sows. ⁸ Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

⁹ Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. ¹⁰ Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

Today's Truth

A <u>short-term mentality</u> toward change will cause us to lose the long-term benefits.

Group Guide

Introduction

Everyone wants to change until it becomes difficult. Unfortunately, change always takes hard work. It often leads to conflict. It's never easy. So we give up. But why do we give up when things get tough? Why do we let the short-term conflicts derail the long-term benefits?

Discussion

Describe a time when you gave up trying to change something. Discuss what you learned from the Process of Change diagram. Look back at "Today's SCENE" and discuss how that impacts us.

Read Galatians 6:7-8

How have you seen the truth of this passage in your life? What are the common ways we "sow to please our flesh"? How can we "sow to please the Spirit"?

Read Galatians 6:9

Why is it so easy to give up when trying to do good things?

Read Galatians 6:10

What are some ways we can do good to those around us?

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